

SPINACH, CHERRY TOMATO, AND GOAT CHEESE OMELETTE free range egg and spinach omelette folded over cherry tomatoes finished with crumbled goat cheese and fine herbs served with hash browns and toast **16**
with ham or mushrooms • add **1** each
substitute egg with egg whites • add **1**
substitute hash browns with tomatoes • add **1**

SMOKED SALMON HASH poached free range eggs on yukon potato, butternut squash, spinach, italian parsley, and cherry tomato hash served with toast **19**
with mushrooms • add **1**
substitute egg with scrambled egg whites • add **1**
with hollandaise • add **2**

EGGS BENEDICT poached eggs on an english muffin, hollandaise and hash browns, your choice of back bacon or sautéed spinach **17**
with smoked salmon • add **1**
substitute hash browns with tomatoes • add **1**

DAILY INSPIRATIONAL SOUP 7


ROASTED PUMPKIN SOUP with clove and cinnamon spiked mushroom dumplings **8**


GRAND CAESAR SALAD with garlic & basil crouton **9**

ARIA GARDEN SALAD selected seasonal lettuces, pickled beets, shaved fennel and a plum cider vinaigrette **7**
Your choice of grilled chicken breast or vegetarian chicken • add **4** or with grilled prawns • add **5**

ARIA CHEF'S SALAD smoked chicken, prosciutto, aged cheddar tuile, hard-boiled egg, avocado; with hand-picked greens tossed in a yogurt-tarragon ranch dressing **15**

CHORIZO MAC 'N CHEESE roasted chorizo sausage, fresh tomatoes and creamy manchego cheese, served with a side salad of your choice **17**

 **STEAMED FRESH MUSSELS** with a pear and thyme cream; served with warm foccacia and sweet onion aioli **13**


 **CRAB SALAD SANDWICH** dungeness crab, white country bread, fontina, cherry tomato salsa and mustard aioli **16**
CHICKEN PARMESAN SANDWICH crispy tender chicken, sundried tomato aioli and fresh mozzarella served on soft foccacia (*vegetarian chicken also available*) **14**

SMOKED PORK BLT applewood smoked pork loin on Terra flatbread, avocado, tomato and local cheddar **14**

ORGANIC SIRLOIN BEEF BURGER with crispy red onion rings, lettuce, roma tomato, mozzarella & spiced tomato mayo **15**

THE VEGETARIAN avocado, oven roasted tomatoes, arugula pesto and molten goats cheese served open faced on toasted sourdough **13**

All of our sandwiches are served with your choice of hand cut fries, salad or soup.

 **FISH AND CHIPS:** granville island winter ale battered pacific salmon, cornichon tartar sauce, and golden beet chips **17**

STEAK FRITES: grilled 5 oz. new york striploin, hand cut fries, arugula salad, and cippolini aioli **17**

 **SEAFOOD LINGUINI ROCOLLO** with prawns, wild sea scallop, mussels, salmon, fresh tomato and extra virgin olive oil **21**

OVEN ROASTED TOMATO AND SWEET PEPPER GARGANELLI: hand-crafted garganelli pasta with spinach, toasted almonds, fresh mozzarella, and crispy capers **19**
with slow roasted chicken • add **4**

Ocean Wise  Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice

Our menu offers revitalizing options that incorporate 'Superfoods', that are considered best for providing the most disease-fighting and health-enhancing benefits due to their high nutrients and antioxidants content. Examples: blueberries, strawberries, salmon, soy, broccoli, tomatoes, yogurt, dark chocolate.

Whenever possible, it is our goal to use sustainable seafood and humanely raised meats.

Prices are subject to applicable taxes.

18% pre tax gratuity will be added to tables of 8 or more.